

Mountviews

JUNE 2025

4331 34 Street

Red Deer, AB T4N 0N9

Telephone: (403) 346-5765

Email: mv@rdpsd.ab.ca Website: <https://www.rdpd.ab.ca/mountview>

Principal: Ms. Kim Walker Vice Principal: Mrs. Camille Bax

Principal's Message - Thank you!

As June arrives, we look forward to the changes summer brings to our school. It has been a remarkable year witnessing our students grow. Mountview School thrives due to our exceptional students, supportive families, and dedicated staff.

We sincerely thank you for your unwavering support. Your collaboration is essential as we see your child(ren) grow in confidence and achievement. Your involvement is vital to their educational journey, and we appreciate your assistance in problem-solving, adapting programs, and fostering connections among peers.

The dedication of our Mountview staff is key to student success, and we thank you for supporting your child's teacher.

As you continue to support your child(ren) at Elementary School, please take a moment to:

- **Celebrate Relationships** - Positive relationships are key to the collaborative partnership between families and teachers/school staff, teachers and students, and students learning together. ***Together, we can build and reach many goals, setting up our young hearts for success! This takes both intentionality and energy.***
- **Read** - ***Please continue to provide your child(ren) with the opportunity to READ and develop a LOVE for reading!*** If your child can read, they can do anything that they want to in this lifetime! ***This school has a passion for literacy, and we continue to learn and implement the latest instructional strategies based on the Science of Reading, alongside language acquisition in French Immersion. With your families, please*** continue to visit the library, take part in at-home reading activities, and join the team for parent-teacher conferences next year - ***you can help your child succeed. Please check out the next page of our newsletter for some incredible ideas!***
- **Support** the district ***Values for Learning and Life***, alongside the ***Mountview Mottos*** at Mountview. There are various opportunities throughout the school year that connect and build upon student experiences related to the values for learning and life (***Respectful, Curious, Responsible, Collaborative, Resilient, and Healthy***). I invite you to step into the school as a volunteer to become a part of the world at Mountview - ***Truly, it is a fabulous place to be!***

In closing, I would like to express my heartfelt gratitude for all the support you provide to your child(ren) in their learning journey. Thank you for allowing our team to be a part of this experience. I wish you a joyful, safe, and healthy summer filled with quality time with your family!

Yours in Education,
Kim Walker, Principal

READING THIS SUMMER!

Numerous studies show that kids who don't read during **summer** vacation actually slip in reading ability by the time fall rolls around.

What Can Parents Do to Help?

The good news is that basic skills aren't hard to maintain over summer vacation! There are a number of ways to keep kids engaged in reading and math over the summer:



1. Let kids read what they want.

Children won't gain as much from summer reading if they aren't truly enjoying it. Children should have access to a wide variety of books that they enjoy reading and are fully able to comprehend. Nearly 60 percent of children ages 6 to 17 say they love or like reading books for fun a lot, and 52 percent think it's extremely or very important, according to the *Scholastic Kids & Family Reading Report*.



2. Make time for smart play.

Games and puzzles are a great way for kids to brush up on the basics while having fun at the same time. Whether it's a game geared specifically toward teaching kids math skills, or a learning activity that helps them brush up on vocabulary. There are plenty of ways to get children engaged and help them flex their brain power without turning it into a tutoring session.



3. Get out of the house.

Experts have found that novelty stimulates the brain and promotes learning. Visiting a historic site or even simply reading together at the park can help your child get more excited about reading and learning.



4. Use your imagination.

Kids who use their imagination are also expanding their vocabularies and experimenting with new concepts. Even though it may not seem like they're directly "learning" when they're crafting or dreaming up complex things to build with lego, they're still calling on familiar skills and developing new ones. You could even play "theater" and put on a show inspired by all of the great summer books you're reading together.

Mrs. Squire's At Home Literacy Tip for June - Summer Reading Bingo

Keep reading all summer long. Try these fun Summer Reading Bingo activities!

Summer Reading

20 Book Challenge!

Colour the squares in as you complete the reading challenges.

Read a fiction book	Read a picture book	Read a recipe	Read a magazine	Read a graphic novel
Listen to a book (Audible, recorded book)	Read a non-fiction book	Read a book about an animal	Read to an adult	Read to a pet, sibling or stuffed animal
Build a fort or a tent. Read inside it.	Read with a flashlight	<i>Read with an adult</i>	Read a fairy Tale	Read a poem
Read a book online (RazKids, Epic, Tumblebooks)	Read two books by the same author	Read a library book	Read about a science topic	Read outside



CELEBRATING GRADE FIVE!

It is always hard to say goodbye to our grade five students and their families. We look forward to hearing how middle school is going next year! We know that moving to middle school will bring new challenges and so much success! ***Grade Five - We are so proud of you! You are filled with GREATNESS!*** We look forward to celebrating your time at Mountview at the Grade Five Farewell.

STAFF CHANGES

Each year we experience staff moves throughout the district and beyond. We wish our colleagues continued success in the next opportunities that arise! We also wish the very best for our teachers/staff who are beginning a new chapter in their lives. ***Celebrations to Mrs. Camille Bax, and Mrs. Brenda Halford who are both retiring this year! We thank you for all that you have done at Mountview Elementary and in the Red Deer Public School District! We wish you all the best in your next adventure with the JOY of retirement!***

Best Wishes to:

- **Mme Lauren Slywka who has taught Grade ½ FRIM at Mountview;** Mme Lauren is moving forward to teach French Immersion Kindergarten at Barrie Wilson next year. Congratulations, and thank you for everything, Mme Lauren!
- **Ms. Stephanie Lajeunesse, who has been our Student Support Room Teacher since its initial implementation!** Ms. L you have created an incredible model for our team to continue with a dedicated focus on student success, regulation, and relationships at our school! We wish you continued success in your next adventure!
- **To the following Educational Assistants who were incredible at our school this year (or for a portion of the year), supporting a number of students and classrooms:**
Mrs. Annie Vendicacion, Mr. Al Oscuro, Mrs. Brittni Davis, Mr. Colton Ansorger, Ms. Lisa Paul
- **Mrs. Britney Peters** - We wish Mrs. Peters continued success and exciting times, as she moves forward to dedicate her time to her young family in the Sylvan Lake area.

Welcome to:

- Welcome back to Mr. Schellenberg, who is returning to teach French Immersion this fall.
- Welcome back to Mrs. Tanya Kitchen, who will be teaching a class at Mountview next year.
- Welcome to Mrs. Mandy Richardson, who will be teaching a class and serving as the Learning Assistance Teacher at Mountview next year.
- Welcome to Mrs. Merrie Lou Dyck, who will be teaching an English Class at Mountview next year.
- Mme Nathalie will be back to teach our Pre-Kindergarten class at Mountview.
- Welcome to Ms. Cassidy Simone who will be teaching Grade 3 English next year.
- Welcome to Mr. Eric Armitage who will be teaching Grade 4 English next year.
- Welcome to Ms. Sahara Streit, who will be stepping into the Student Records/Learning Commons Secretary position this fall.

****Further staff changes/moves confirmed will be shared in our weekly Messenger this year.***



HUGE THANKS to Mrs. Spring and Mr. Drinkwalter! We would like to extend our deepest gratitude to our exceptional caretaking team at Mountview. Your hard work and dedication make it possible for us to host a successful school year.

Thank you for always wearing a smile and seeking ways to improve our daily cleaning processes at Mountview Elementary. Your efforts do not go unnoticed! Merci! Merci! We truly appreciate all that you do, every day!



PARENTS OF BUSED STUDENTS FOR 2025-26!

All bus applications must be completed through [Powerschool](#) - **School Engage!** If you have a student who rides the bus you would have received an email with instructions on how to access School Engage after you have logged into your PowerSchool account. If you require assistance please contact the school @ 403-346-5765.

A \$30 late fee will be added to your account if bus applications are received after June 25.

AMA SCHOOL PATROLLERS

Thank you to these Grade Five Leaders - Our AMA School Safety Patrol Team for making sure our students and parents crossed the street safely every day after school. The following students participated this year! Congratulations to our amazing team!

George, Thias, Ruby B, Tamara, Myah, Chloe O, Fisher, Sage, Lalie, Juniper, Filippe, Hamnah, Oliver, Amir, Annastin, Mohammad D, Henley, Vitali, Hunter V, Nash, Easton, Weston S, Nicholas, Sapphira, Mayan, Jayme, Blaine, Jonathan, Tenley, Tatyana, Ashlynn





STUDENT LEADERSHIP

Thank you to our grade 4 and 5's who were able to take part in several leadership roles this year including AMA School Patrols, Recycling Team, HART (Healthy Active Relationship Team), Jr. Yetis School Spirit Team, Kindness Krew, Hallway Helpers, Lost & Found, Milk Sales, Assembly Set Up Crew, Green Team, Kindergarten Buddies, Joke of the Day, Assembly Greeters, Tech team, Office Leaders, Hallway Heroes, Learning Commons Assistants. Thank you for your leadership and contributions during our unique school year.

Bravo to these Yetis who completed a BOOK Recommendation this past month! What BOOKS can you recommend to your family and friends?

Stella 3B, Kasen 3/4DC, Abby 3/4DC, Sawyer 3/4DC, Brando 3/4DC, Addie 3HO, Hayden 3HO, Jemma 3/4DC, Sapphira 5W, Linkon 3/4DC, Ariel 4SH, Sage 4/5R, Ulia 4/5R, Ruby 4/5R, Cassidy 5W, Mada 5W, Ashlynn 5W, Mayan 5W, Isabella 5W, Charlotte 5W, Josie 3/4DC, Liam 3/4DC, Ezri 3HO, Ayesha 3HO



PHYSICAL LITERACY - Comprehensive School Health

In June, students will be getting outside as much as the weather permits! Outside we will be playing handball, soccer, golf and cooperative games.

June 20th is Field Day here at Mountview. We invite everyone to wear the colors **RED & WHITE this day...**There will be many track and field events set up that day for everyone to try. Students will be practicing these events in physical education leading up to the big day!

June Healthy Habits Challenge - **GET OUTSIDE!**

How many parks can you walk to from your home? How many parks can you ride your bike to from your home? How many different parks can you go to in Red Deer? Pack a snack or a picnic lunch and explore your neighborhood or city for a day. It's time to enjoy NATURE!



HELMETS FOR WHEELS With summer weather arriving, please note: Mountview School has a rule that any students riding a bicycle, skateboard, scooter or wearing roller blades **MUST** wear a helmet. **Thank you for keeping our children safe.**

PIZZA WITH THE PRINCIPAL

Our Yeti Paw winners for May & June will enjoy a Pizza lunch with the Principal in mid-June! Student names will be drawn in June.



MILK PROGRAM: Our milk program is winding down and we will be receiving our last delivery of milk in the first week of June. Once we are sold out, all milk cards will be brought to the office for the summer. In the fall, we will re-distribute the milk cards to your child's class. Thank you for supporting our milk program this year, many of the students enjoy this healthy option at lunch!

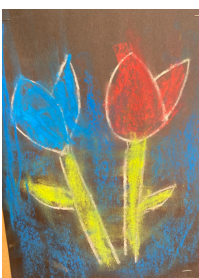
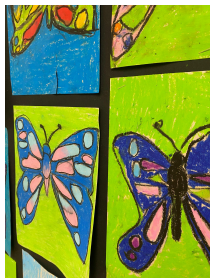
KINDERGARTEN & PRE-KINDERGARTEN 2025-26

Registration for Kindergarten 2025-26 is open and available [online](#). If you have any questions or need assistance please contact our Student Records Secretary, Brenda Halford at 403-346-5765 or email brenda.halford@rdpsd.ab.ca



***Pre-Kindergarten Registration is now available at Mountview!
Call 403-342-3703 for more info.***

ART GALLERY WALK - Our hallways have been filled with wonderful projects over the last few weeks! Artists live here! Here are a few bulletin board items to celebrate, admire, and enjoy!



Parent Council News

Thank You to Our Dance Volunteers & Sponsors!

We would like to extend a heartfelt thank you to the generous volunteers and sponsors who donated prizes for our school dance raffle. Your support helped make the event extra special. We truly appreciate your kindness and community spirit—your contributions made a real difference!

Heritage Lanes, North Star Sports, Red Deer Symphony & Orchestra, Toys "R" Us, Greatwest Kenworth, Cam Clark Ford, Red Deer Resort & Casino, Megan Buckley, Christine Boulton, Colette Romans, and Kari Granlund

GRADE 5 CAMP 2025 - 26 COMMITTEE NEEDED



Dear Grade 4/5 Parents,

A grade 4/5 fundraiser committee is needed to help raise funds for camp in 2025-26. Parent Council needs your support!

Come out to our Sept or Oct 2025 meeting or e-mail parentsformountview@gmail.com for more information! HUGE THANKS TO ALL WHO MADE GRADE 5 CAMP 2025 HAPPEN!

PARENT COUNCIL DAVISON ORCHARDS APPLE FUNDRAISER COMING EARLY SEPT 2025

Parent Council is excited to bring you our popular **Davison Orchard Apple Fundraiser** September 2025! **As it will be a short timeline, we wanted to let parents know in advance that paper copies will be coming home on the first day of school.**

Please note that the order deadline is September 5, 2025 for pickup on September 17. Last minute changes may be made depending on the outcome of the crop.

We wanted to give you as much notice as we could so that you can think about who you might need to get orders ready for! *We thank you in advance as always for your support.*

With appreciation, Parents for Mountview



VOLUNTEERS NEEDED!



HAVE YOUR VOICE BE HEARD!

Fundraising Committee

We are looking for parent volunteers to work as a team to help run our yearly school fundraisers. The job involves 2-3 hours per month:

- Planning the calendar year fundraisers.
- Contacting vendors.
- Being available on the day of delivery.

Executive Committee

We are seeking volunteers to join our executive board. Individuals will need to be available for 6 meetings throughout the school year (meeting dates/times TBD in September).

General Volunteers

If you are interested in joining our general volunteer group that we always welcome volunteers.

If interested please email
parentsformountview@gmail.com



2025-26 School Supply Lists are available online now!

Mountview Families, you can purchase the school supplies for the 2025-26 year directly from [School Start](#) (choose our school's name, *Ecole Mountview School*) or you may utilize the same list to purchase your supplies locally. Remember, you can purchase parts of the additional section if your child already has supplies that are in good order from a previous year - this will save money and the environment.

Order early, and you will be entered in one or more contests! Choose your child's grade below for next year and make sure you are choosing the correct English or French list.

2025-2026 Supply Lists by Grade

<u>Kindergarten English/French</u>	<u>Grade 1 French</u>
<u>Grade 1 English</u>	<u>Grade 2 French</u>
<u>Grade 2 English</u>	<u>Grade 3 French</u>
<u>Grade 3 English</u>	<u>Grade 4 French</u>
<u>Grade 4 English</u>	<u>Grade 5 French/English</u>

You can also view and order school supply lists from our [website](#) anytime throughout the year.

Mark Your Calendar!



JUNE

Monday, June 2 - Friday, June 6

Monday, June 2

Tuesday, June 3

Friday, June 6

Monday, June 9

Tuesday, June 10

Thursday, June 12

Friday, June 13

Monday, June 16

Tuesday, June 17

Wednesday, June 18

Thursday, June 19

Friday, June 20

Monday, June 23

Tuesday, June 24

Wednesday, June 25

Thursday, June 26

Friday, June 27

- Pound It - HIP HOP Dance Residency
- Gr 2-4 Swim Program
- Gr K-O'Sullivan Kerry Wood Nature Centre Field Trip
- Hot Lunch Taco Time (Order by: May 29)
- 1S, 1M, 1/2Lap, 2/3R Jungle Farm Field Trip
- K-O'Sullivan City Bus Field Trip
- Gr 2-4 Swim Program
- Hot Lunch Pancakes (Order by: June 5)
- K-Hansen's City Bus Field Trip
- Spirit Day - Superhero/Favourite Movie
- Character Day (Dress up)
- **No School** - Staff Learning Day
- Gr 2-4 Swim Program
- Last Hot Lunch McDonald's (Order by: June 12)
- 4SH, 4/5K, 4/5R & 5W Kerry Wood Nature Centre Field Trip
- Be-YOU-tiful Day - Be Kind, Be You - Day @ MV!
- Gr K-Hansen Kerry Wood Nature Centre Field Trip
- MV Assembly (1:20 pm)
- Last School Council Meeting (6:00pm)
- Gr 6 Middle School Orientations (PM)
- Spirit Day - Field Day - Wear **Red** & **White!**
- Last Gr 2-4 Swim Program Session
- Gr 5 Airband/Talent Show
- Gr 3-5 Year End Swim
- Gr 5 Farewell (10:30 am)
- Last Day for Pre-Kindergarten
- Kindergarten Celebration (10:30am)
- **Last Day for Students**
- **Early Dismissal 1hr (1:50pm)**
- **Report Cards Issued online**
- School Organizational Day (Staff & Teachers only)

AUGUST

Friday, August 22, 2025

Monday, August 25 - Wednesday, August 27

Thursday, August 28

Tuesday, September 2

- Schools Open for Registration (Aug 22 - 29)

- Staff Organizational Days

- Meet the Teacher (11am- 1pm)

- First Day for all students

On one of the Staff Organizational Days, you will receive an email from your child's teacher with information for Meet the Teacher and School Supply Drop off. **Please ensure that your email address is current on your parent portal for this purpose.**



Staying Connected at Mountview School

At Mountview School, we believe strong communication between home and school plays a vital role in supporting our students' success. To help keep you informed and involved, we use a variety of communication tools throughout the school year.

From important announcements and event reminders to classroom updates and celebrations, we want to make sure you stay in the know and feel connected to our school community.

[!\[\]\(4f6bf54ae7e4144a72d78316053e412d_img.jpg\) Click here to see how we communicate at Mountview.](#)

We encourage all parents and caregivers to take a moment to review the information and stay engaged.

Thank you for being an important part of the Mountview family!

Red Deer Child Care offers before and after school care at Mountview! Check out their [website](#) for more information or call Reyna: 403-347-7973 Ext:113.



Did you know that Red Deer Child Care offers quality before and after school care for your child right here at this school?

The program is subsidy eligible and the fee includes care on PD Days as well as Winter and Spring Breaks. Provincial subsidy is available to qualifying families. Care is available at no extra charge on PD days, there is a holiday program available at Christmas and Summer at an additional charge.

For more information contact Reyna at:

403 347 7973 x113

reyna@reddeerchildcare.ca

Check our website for more information at:

<https://reddeerchildcare.ca/>

Red Deer Child Care Society is a Not for Profit organization that has been serving Red Deer and area families since 1970

We Offer:

Before and After
School Care

Care on PD Days as well as
Winter and Spring Breaks
is
included in monthly fees
but spaces are limited.

The program runs from
6:45am to the bell and
again after school until
6:00pm

Summer Programs are
offered in July and August
but spaces are limited at
an extra charge.

Red Deer Child
Care Society

100, 6700 76th Street

Red Deer, AB

T4P 4G6

Contact

403 347 7973

Here is the June 2025 edition of the AHS Addiction & Mental Health Newsletter that focuses on Outdoors & Nature.

Mental Health & Addiction News

June 2025

Why Nature?

Nature is more than a nice backdrop—it's a proven mental health ally.

Studies show that spending just 20–30 minutes outside can lower stress hormones, improve focus, and lift mood.

Outdoor time also supports sleep quality, eye health, and immune function.

For children, it encourages play, boosts learning, and enhances social connection.

How Outdoor Time Supports Children & Youth:

- 🌿 Reduces Stress & Anxiety – Even a short walk or a few minutes watching the trees sway can help children reset emotionally.
- 🌟 Improves Focus – Green spaces can boost attention and reduce symptoms of inattention or hyperactivity.
- 🌸 Supports Learning – Students who spend time outdoors tend to have better academic outcomes and stronger relationships with peers.
- 🏃 Encourages Physical Activity – Less screen time and more movement mean better overall health.
- 😊 Promotes Social Skills – Playing in parks or exploring with family builds cooperation and empathy.

Getting Outside is Easier Than You Think:

- ✓ Start Small – A daily walk around the block, a visit to a local park, or even sitting on the porch.
- ✓ Make it Social – Invite another family along or let kids meet neighbourhood friends for play.
- ✓ Take it With You – Move indoor activities outside: homework, meals, reading, or even quiet time.
- ✓ Explore Your Community – Discover a new trail, join a local event, or visit a conservation area.

Winter Counts Too!

Don't let colder months hold you back. Research shows even brief winter nature walks boost mood. Dress for the weather and embrace the season with sledding, snowshoeing, or a short stroll.

Nature supports mental health all year long. Whether it's five minutes or a full afternoon, being in nature helps both kids and adults feel grounded, joyful, and connected.

🌱 Every bit counts—so step outside and feel the difference.

MORE RESOURCES, visit

<https://parkprescriptions.ca>

<https://www.evergreen.ca>

<https://activateyourneighbourhood.ca>



For information on mental health, community supports, programs and services in your area:



Addiction Services Help Line
1-866-332-2322

Mental Health Help Line
1-877-303-2642

Community Programs in Red Deer

Here is this month's [Red Deer Native Friendship Centre Newsletter](#).

Here is the **Red Deer Family Resource Network** [Calendar of events](#) for June.

Please see the poster below and information for a family day camp, "Celebrating Families". The program runs for one week and helps all family members develop healthy living skills. The program is open to all families of any background.

Celebrating Families! Summer Day camp

For the whole family: parents and children.

For families who are having trouble due to substance use

Four dates available:

- July 14 to 18 @Fort Normandeau.
- July 28 to Aug.01 @Red Deer Public Library
- August 11 to 15 @Fort Normandeau.
- August 25 to 29 @Red Deer Public Library.

Celebrating Families! is an educational program that helps all members of the family heal and build vital healthy living skills.

Topics:
Getting started | Healthy Living | Nutrition | Communication | Feelings & Defenses | ATOD | Chemical Dependency | Goal Settings | Healthy Choices | Healthy Boundaries | Healthy Relationships & Friendships | How we learn | Our Uniqueness

Activities:
Healthy Living Sessions | Arts & Crafts | Cultural activities & teachings | Celebration | Snacks & lunch provided | Gift at the end of the week.

Families have to attend the whole week.

Free registration

For more information:
Contact Melissa at melissa@rdnfs.com | (403)340-0020

IN PARTNERSHIP WITH:

GENEROUSLY FUNDED BY:

RED DEER NATIVE FRIENDSHIP SOCIETY

RDPL RED DEER PUBLIC LIBRARY

Fort Normandeau

FUTURE GENERATIONS FOUNDATION

The Optimist Club of Red Deer supports and assists the youth of our community through a wide range of donations and charitable work. Funds raised through the Red Deer Duck Race and 50/50 cash raffle will be used to support Optimist Club charitable priorities in the community. Here is the link to purchase ducks and 50/50 tickets.

<https://www.rafflebox.ca/raffle/optimistreddeer>.

RED DEER OPTIMIST CLUB 4TH ANNUAL DUCK RACE





Early bird
\$1000



\$20.00
PER DUCK



Prizes



Ducks drop
08.17.2025 10:00AM



Riverbend
RED DEER



\$10,000*
50/50
\$5000*
1ST DUCK WINS

optimistclubofreddeer@gmail.com
For More Information and rules
AGLC Licence #724139/724146
www.rafflebox.ca/raffle/optimistreddeer
*Prize amount based on actual ticket sales

We're excited to announce the 2nd Annual FREE Community Better June Walk/Run happening on Saturday, June 14, 2025 to kick off the June ParticipACTION challenge. This FREE event is for all ages and abilities to walk, run or roll the paved 1km, 3km or 5km route.

**RED DEER**
COMMUNITY BETTER
JUNE WALK-RUN!

JUNE 14, 2025
11:30AM - 4:30PM
GARY W. HARRIS GAMES CENTRE
FREE REGISTRATION FOR EVERYONE!





LACE UP YOUR SNEAKERS AND JOIN US FOR A DAY OF MOVEMENT AND COMMUNITY CONNECTION TO KICK OFF THIS YEAR'S JUNE PARTICIPACTION CHALLENGE!

EVENT DETAILS:

**CHOOSE YOUR DISTANCE**
1KM, 3KM, OR 5KM

**BBQ WITH DONATIONS IN SUPPORT OF THE MOVE YOUR MOOD STUDIO**

**FREE REGISTRATION FOR ALL PARTICIPANTS**

**PASSPORT TO WELLNESS, PRIZES & MORE!**

PRIZES!

**\$150 SPORT CHEK GIFTCARDS FOR EACH DISTANCE CATEGORY**
\$50 COOP CARD FOR EARLY REGISTRATION
COMMUNITY DRAW PRIZES FOR THE PASSPORT TO WELLNESS

CHALLENGE:

HELP RED DEER WIN THE COMMUNITY CHALLENGE SIGN UP TODAY!



REGISTRATION:

REGISTER BEFORE MAY 23TH AND YOU WILL BE ENTERED TO WIN A \$50 CO-OP GIFT CARD!

TO LEARN MORE AND REGISTER VISIT:



THANK YOU TO OUR PARTNERS:

