



# Mountviews

APRIL 2025

4331 34 Street

Red Deer, AB T4N 0N9

Telephone: (403) 346-5765

Email: [mv@rdpsd.ab.ca](mailto:mv@rdpsd.ab.ca) Website: <https://www.rdpsd.ab.ca/mountview>

Principal: Ms. Kim Walker Vice Principal: Mrs. Camille Bax

## Principal's Message

Hello and welcome to April 2025!

Thank you for attending the student-led conferences in March. Your *child's achievement, well-being, mental health, and resilience* are very important to us, and we truly value your partnership in ensuring a successful school year. Your involvement in your child's education matters every day! Together, we can support your child at school, and our collaboration together is key.

One of our core Values for Learning and Life is Collaboration, which is essential throughout the school year. I invite you to reach out to our school staff and administration whenever you have questions or concerns. Often, a single conversation can provide valuable information to support student friendships, learning, restorative practices, or resilience in learning. We also encourage you to participate in school-wide events or attend School Council Meetings. We love hearing your ideas that contribute to making our school a wonderful place to learn, play, and grow!

If you have any questions, please feel free to schedule a time to chat with your child's teacher or school administration. You can also check out our [School Education Plan](#) on our website.

Here are the district Values for Learning and Life, which align with our Mountview mottos—the character traits we want our students to embody: I am respectful, I am responsible, and I am resilient.

As we say at Mountview, “Be a Yeti” and “BE KIND EVERY TIME!”

Thank you for your continued support and valued partnership.

Yours in Learning,  
Kim Walker, Principal

Red Deer Public Schools' *Values for Learning and Life:*

<p><b>RESPECTFUL</b></p> <p>Treat everyone, including yourself, with respect. Show that you care. See the value in everyone and celebrate our differences.</p> <p><i>Treat others as you want to be treated.</i></p>	<p><b>CURIOUS</b></p> <p>Being curious is having an eagerness to learn more, exploring possibilities, and making the whole world your classroom.</p> <p><i>Imagine the possibilities.</i></p>	<p><b>RESPONSIBLE</b></p> <p>Being responsible means doing what is right and always being accountable for your actions.</p> <p><i>It's the choices you make and the actions you take.</i></p>
<p><b>COLLABORATIVE</b></p> <p>Collaborating with others is how you create friendships, see things from other perspectives, and come up with bright new ideas and solutions to problems.</p> <p><i>Together we can do the impossible.</i></p>	<p><b>RESILIENT</b></p> <p>Resilient is being able to bounce back from challenges, disappointments or adversity.</p> <p>You've got this.</p> <p><i>Life is tough but so are you.</i></p>	<p><b>HEALTHY</b></p> <p>Healthy means your mind, body, and spirit all working well together - so you can be the best you.</p> <p><i>Power your body, brain and soul.</i></p>

***Please check out our social media pages for Mountview!***

We highlight the amazing happenings and learning at our school. From school spirit days to guest presentations, to CARNAVAL and Pink Shirt Day - Check out the links below! Let's CELEBRATE the amazing things that happen at our School!

Our twitter handle: [@ecolemountview](#) Our Instagram: [ecolemountview](#).



**ATTENDANCE**

If your child will be absent or late, you can use this [link](#) to report it, or call 403-346-5765. This link is also found on our [Website's Home Page](#) - Absentee messages are checked between 8:00am - 9:00am and 1:00pm - 1:15pm each weekday.



**KINDERGARTEN**

Registration for Kindergarten 2025-26 is open and available [online](#). If you have any questions or need assistance please contact our Student Records Secretary, Brenda Halford at 403-346-5765 or email [brenda.halford@rdpsdp.ab.ca](mailto:brenda.halford@rdpsdp.ab.ca)  
We will support you on the computer should a device not be available or tricky to use at home.

Pre-Kindergarten Registration is now open at Mountview!  
Call 403-342-3703 for more info. Or click this [link](#) for more information.



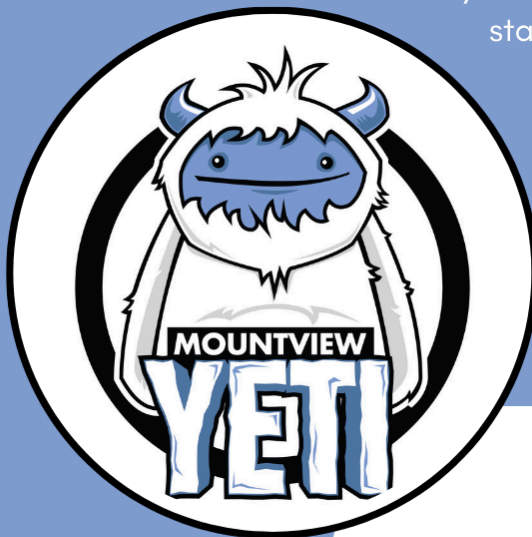
**HELMETS FOR WHEELS**

With the arrival of Spring, please note: Mountview School has a rule that any students riding a bicycle, skateboard, scooter, or wearing rollerblades **MUST** wear a helmet. Thank you for keeping our children safe.

# ÉCOLE MOUNTVIEW SCHOOL OPEN HOUSE

Tuesday, April 15, 2025

We are thrilled to welcome you to Mountview's Open House! This is a wonderful opportunity for you to explore our school, meet our dedicated staff, and discover all that Mountview has to offer. We can't wait to share our vibrant community with you!



Tuesday, April 15th  
5:30 pm - 7:00 pm



4331 - 34 st, Red Deer, Ab  
T4N 0N9



- Join us in the gym for introductions ✓
- Tour the School ✓
- Meet our School Council ✓
- Stop into classrooms ✓
- Ask us about our French Immersion Program ✓



403-346-5765



[www.mountview.rdpsd.ab.ca](http://www.mountview.rdpsd.ab.ca)

## BREAKFAST/NUTRITION PROGRAM FOOD DRIVE

Our Jr. Yetis Student School Spirit Team organized a Breakfast Program food drive from March 3 - 7. Each morning, the Jr. Yetis Student Spirit Team collected and counted donations from each class. Thank you so much to our families who could participate this year in the Mountview Breakfast Program food drive. **In total, we collected 521 items and gift cards!** The class with the most donations was Mrs. Dyck & Mrs. Clark's grade  $\frac{3}{4}$  class and that class will receive a prize from the Junior Yeti Spirit Team. Congratulations to the Jr. Yetis School Spirit Team, Mme Anik, Mme Buckley, Mme Metcalfe, and Mrs. Lapierre for a great event!

Students took part in collecting the food, promoting the food drive in school-wide advertisement posters, and thanking the students and staff for taking part! This is the power of a 'service' project whereby students learn through working in collaboration together. We learn so much by supporting each other through character-building and providing service for and to others. Values for learning and Life live here!









### **PIZZA WITH THE PRINCIPAL**

Our Yeti Paw winners for **March** will enjoy a Pizza lunch with the Principal on

April 3rd! **Congratulations** to the following students:

*Jethro(K-OS), Jamie (1M), Cassian(1/2LS), Rachel(1/2Lap), Forest(2M), Charlotte(2/3R), Nash(3B), Rania(3/4DC), Joey(3/4AM), Ayesha(3HO), Filippe(4SH), Elaina(4/5K), Jaycory(4/5R), Tatyana(5W)*

### **BRAVO! to these Yetis who completed a BOOK Recommendation this past month!**

Jemma 3/4DC, Sawyer 3/4DC, Hunter 3/4DC, Henley 3/4DC, Everly 3/4AM, Olivia 3/4AM, George 3/4AM, Albie 3/4AM, Hailey 1M, Sloane 4SH, Casey 3B, Evie 3B, Juniper 4SH, Hayden 3HO, Gwyneth 1M, Josie 3/4DC, Joey 3/4AM, Rowan 1M, And ALL of the students in 4/5K!



### **Mountview School Council Meeting**

Please note: There is no scheduled School Council Meeting in April.  
The next meeting will be on May 14th at 6:00 pm.

If you have any questions for School Council please email

[parentsformountview@gmail.com](mailto:parentsformountview@gmail.com)

## April School Council Fundraiser & Family Dance!



Our Parent Council is thrilled to partner with Growing Smiles Fundraising for the second year in a row! Get ready to show off your green thumb!

**You can order until April 17th! Plants will be available for pickup at the school on Tuesday, May 13th, from 2:30 PM to 5:30 PM.** You can pick them up at the skate shack located in the southeast corner of the field behind the school, just in time for the May long weekend—perfect for planting!

**Payment options:** Cash, Cheque (payable to Parents for Mountview), or E-Transfer (send to [parentsformountview@gmail.com](mailto:parentsformountview@gmail.com)). *If you're paying by e-transfer, please make sure to return your completed paper order form to the school and include your phone number in the e-transfer comment section.*

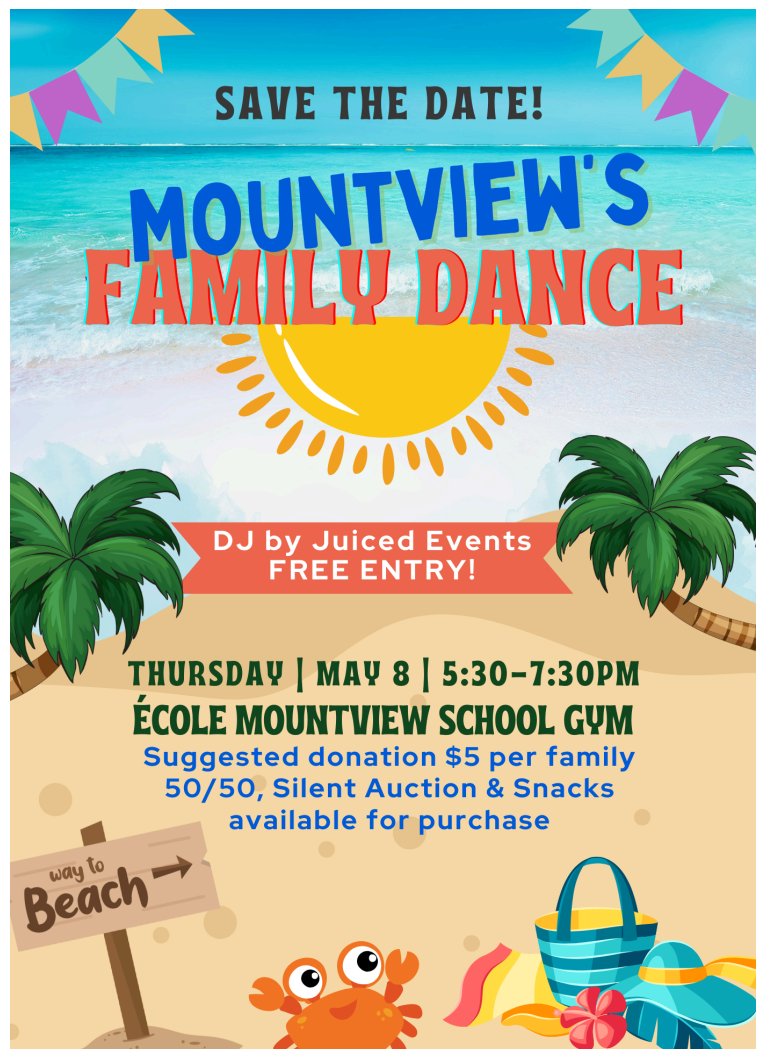
Questions? Please contact Colette at 403-396-9439 or email [parentsformountview@gmail.com](mailto:parentsformountview@gmail.com)

*You can order online [HERE](#).*

School Council is happy to host a Family Dance again on Thursday, May 8th!

This event is made possible entirely by our dedicated parents. Last year's dance was a huge success, and we're looking forward to creating another fun-filled evening for everyone to enjoy!

If you are interested in learning more about how you can be involved, please reach out to [parentsformountview@gmail.com](mailto:parentsformountview@gmail.com)



## [Mrs. Squire's At Home Literacy Tip for April - Listening to Reading](#)

Listening to books is a wonderful way to experience a book! When my children were little they used to love listening to The Magic Treehouse books on CD while lying in their beds before bedtime. Now they listen to their school assigned novels on Audible. I love listening to books through Audible in my vehicle when traveling. Here are a few websites and apps to try!

Podcasts to try: Listen through the free Apple "Podcast App": Search: "Storynory", "Little Stories for Tiny People", "Stories for Kids", "Conmigo". "Short Stories for Kids", "Mr. Men Little Miss". Or search stories for kids to see a large variety!

Epic Books (free) listen and follow along on a computer or tablet- <https://www.getepic.com/sign-in>

Storylineonline (free) listen and watch <https://storylineonline.net/>

Red Deer Public Library - With a library card you can access many audiobooks <https://rdpl.org/resources-types/eBooks/>

OverDrive and Libby are apps for listening to audiobooks. You need a library card to access the books.

Tumblebooks (subscription required or through the public library)

<https://www.tumblebooks.com/>

Audible (subscription required) <https://www.audible.ca/>

PBS kids (free)

<https://www.youtube.com/playlist?list=PLa8HWWMcQEGStVxurBtLn8nkDxGc3j3ow>

Indigenous Books (free) listen online <https://indigenoustorybooks.ca/stories/en/>

Unite For Literacy (Free) listen and follow along online <https://www.uniteforliteracy.com/>

Global Storybooks (free) listen and follow along online <https://globalstorybooks.net/>

Reading Buddies (free) is a wonderful website with short episodes with reading lessons.

<https://www.thereadingleague.org/reading-buddies/>

**I hope you and your children will enjoy listening to books and stories too!**





## Mark Your Calendar!

# APRIL

- |                                      |   |
|--------------------------------------|---|
| Tuesday, April 1                     | - Hot Lunch Mucho Burrito(Order by Mar 27)                    |
| Friday, April 4                      | - Staff Learning Day - <b>No School</b>                       |
| Tuesday, April 8                     | - Hot Lunch Dino's (Order by April 3)                         |
| Wednesday, April 9                   | - Central Middle School Open House (6-8pm)                    |
| Thursday, April 10                   | - Eastview Middle School Open House (6-8pm)                   |
| Monday, April 14 - Friday, April 17  | - Education Week  |
| Monday, April 14                     | - Spirit Day: Dress Up as your Favourite Book Character!      |
| Tuesday, April 15                    | - Numeracy Games Day  |
|                                      | - Hot Dog Lunch (Order by April 10)                           |
|                                      | - <a href="#">Mountview School Open House</a> (5:30pm-7:00pm) |
| Wednesday, April 16                  | - Mountview's Spring Performances                             |
| Thursday, April 17                   | - MV Assembly (1:20pm)  |
| Friday, April 18                     | - Good Friday - <b>No school</b>                              |
| Monday, April 21                     | - Easter Monday - <b>No School</b>                            |
| Tuesday, April 22 - Friday, April 25 | - Spring Break - <b>No School</b>                             |
| Tuesday, April 29                    | - Hot Lunch EDO (order by April 24)                           |

# A look ahead... MAY

Thursday, May 1	- Green Deer Spring Cleanup
Friday, May 2	- Spring Photo Day & Kindergarten Graduation Photo Day
Tuesday, May 6	- Hot Lunch Panago (Order by May 1)
Wednesday, May 7	- Spirit Day- Hats on for Mental Health
Thursday, May 8	- Mountview Family Dance (5:30 - 7:30pm)
Friday, May 9	- Hula Run- School Wide Fun Run!
Tuesday, May 13	- Hot Lunch Pita Pit(Order by May 8)
Wednesday, May 14	- School Council Meeting (6 pm)
Thursday, May 15	- Grow Kids (Grade 5)
Friday, May 16	- Staff Learning Day - <b>No School</b>
Monday, May 19	- Victoria Day - <b>No School</b>
Tuesday, May 20	- Hot Dog Lunch (Order by May 15)
Thursday, May 22 - Friday, May 23	- Grade 5 Camp
Monday, May 26	- Gr 2-4 Swim Program begins(May 26 - June 23)
Tuesday, May 27	- Hot Lunch Subway
	- MV Assembly ( 1:20 pm)
Friday, May 30	- Spirit Day Creative Hair Day



**GRADE 6 OPEN HOUSE INFORMATION**



# Central Middle School Open House



**9**  
APRIL 2025  
6:00 - 8:00 PM

BRIEF WELCOME ADDRESS AT 6:00 PM  
FOLLOWED BY SELF-GUIDED TOURS AT YOUR OWN PACE  
FEEL FREE TO DROP-IN ANYTIME BETWEEN 6-8.



## Open House April 10th

Please join us for our Open House on Thursday, April 10th.  
Festivities will run from 6:00 pm - 8:00 pm.

We welcome anyone interested in learning more about the happenings at Eastview  
with a focus on the 2025-26 school year.

**#EVPRIDE**

*Prepared - Respect - Integrity - Determination - Excellence*

WESTPARK MIDDLE SCHOOL

2025-2026  
Open House



**WELCOME TO MIDDLE SCHOOL**

Tuesday, April 8, 2025

6:00 pm - 8:00 pm

Come see and hear about the amazing  
programs and supports offered at our  
school.

You can find out more information about RDPSD Open Houses on our  
school district website [HERE](#).



## FREE CLOTHING

### **Clothing Zone**

**Victory Church**

Our desire is to maintain a standard of excellence in our quality of clothing and to be a blessing to those who receive clothing from the Clothing Zone. The Clothing Zone's focus is to bring hope to our community in a practical way.

We GIVE new or good quality underused clothing away for FREE ! The Clothing Zone is here to help!

There is clothing available for everyone from infants to men and women. We also have a limited supply of specialty clothing such as maternity wear, nursing scrubs and business attire.

We are stocked purely by the generous donations of individuals and companies in the Red Deer community. (Donations can be made during the Clothing Zone business hours.)

**98 Oberlin Avenue, Red Deer, AB.**

**Open Wednesdays & Thursdays 1 - 4 pm**



### **Free urgent dental treatment for children**

The Dental Outreach of Red Deer (DOoR) program provides free dental treatment for children with:

- pain
- infection
- visible decay
- broken teeth
- no dental insurance
- lower income
- trouble paying

DOoR serves families with children from 5 to 18 years with lower income who do not have Alberta Child Health Benefit or other health benefits to cover dental treatment.

Call the Johnstone Crossing Community Health Centre at 403-356-6302 to see if your family qualifies.

# ADDICTION & MENTAL HEALTH NEWS

Here is the April 2025 edition of the Recovery Alberta Mental Health & Addiction Parent Newsletter, which focuses on The Benefits of Neighbouring.

## The themes include:

- [Building strong relationships with neighbours](#)
- [Benefits of neighbouring for youth](#)
- [Benefits of neighbouring for families](#)
- [Ways to foster community](#)

**Mental Health & Addiction News** April 2025

**Building strong relationships with neighbours benefits children:**

- Safety & Supervision** – A close-knit neighbourhood offers extra eyes to watch over kids, enhancing safety.
- Social Skills Development** – Kids interact with different age groups, improving communication and empathy.
- More Play Opportunities** – Living near friends encourages outdoor play, reducing screen time and promoting physical activity.
- Positive Role Models & Support System** – Neighbours provide guidance and support, helping in emergencies when parents are unavailable.

**Neighbouring has many benefits for youth:**

- Sense of Belonging** – Strong neighbourhood connections reduce feelings of isolation and increase self-esteem.
- Mentorship & Guidance** – Trusted adults can offer advice on school, career paths, and life choices.
- Opportunities for Engagement** – events, sports, and volunteering build leadership skills.
- Safer Environment** – A well-connected neighbourhood discourages negative influences and risky behaviour.
- Emotional Support** – Knowing others care can reduce stress, anxiety, and improve mental well-being.

**Neighbouring benefits families by:**

- Shared Responsibilities** – help with childcare, school pickups, or looking after pets.
- Stronger Support Network** – In times of need, neighbours can provide emotional or practical help.
- Improved Well-being** – Socializing reduces stress and fosters belonging.
- Community Events & Celebrations** – Gathering for events like holidays and barbecues strengthens relationships.
- Safer & More Stable Environment** – Strong neighbourhood ties reduce crime and foster mutual respect.
- Overall, neighbouring builds a resilient, caring community where everyone benefits.**

**Simple ways you can foster community:**

- Say Hello** – Greet neighbours and introduce your family.
- Play Outside** – Encourage outdoor activities like biking, sports, or sidewalk chalk and invite kids to play, share toys, and build friendships. Youth could organize fun play for younger kids.
- Join/start a community project** - a community garden, spring cleanup, block garage sale, or book exchange.
- Host Gatherings** – Organize block parties, potlucks, or game nights to bring neighbours together.
- Be Helpful** – Babysit, lend tools, or assist with small projects.

**MORE RESOURCES**  
For more great ideas, visit:  
<https://activateyourneighbourhood.ca/>  
<https://www.lifeschoolhouse.com/>

Information on mental health, community supports, programs and services in your area:



# What an Angry Child

## \* Needs to Hear \*

Do you ever find yourself caught off guard by your child's sudden outbursts of anger?

It's like a storm brewing out of nowhere, leaving you powerless and unsure how to respond. But don't lose hope just yet.

Remember that what your child really needs is to feel 'connected' with you again, even if it takes them a little time to let the anger work through them.



Try these phrases the next time your child is feeling angry:

"I can see this is hard for you."

- Tells the child they have your attention.
- Acknowledges the child expressing their feelings.

"I am here for you."

- Tells the child that you are present with them in that moment.
- Demonstrates compassion.
- Deepens connection and builds trust.

"I care about how you feel."

- Tells the child that you are present.
- Acknowledges the child's feelings.
- Demonstrates compassion.
- Creates a deeper connection.

"I will stay with you."

- Tells the child that you will not leave them.
- Creates a safe environment.
- Deepens connection and builds trust.
- Demonstrates resilience and patience.

"It's OK to feel angry."

- Tells the child that all feelings are ok.
- Acknowledges the child's feelings.
- Gives the child acceptance of feeling angry.

"Even when you feel your worst, I love you."

- Tells the child that you will love them, no matter how they feel or behave.
- Creates a safe environment.
- Deepens connection and builds trust.
- Demonstrates unconditional love.

By approaching your child's anger with empathy and understanding, you can turn those tense moments into opportunities for connection and growth.

Remember, it's not about avoiding conflict but navigating it in a way that strengthens your relationship with your child.

## COMMUNITY PROGRAMS AND EVENTS

Here is this month's [Red Deer Native Friendship Society Newsletter](#).

**The Red Deer Family Resource Network** provides a range of services and supports that focus on strengthening parenting/caregiving knowledge, social support, coping and problem-solving skills, access to community support and resources. Check out this month's [Calendar of events](#).

Check out the [FREE TRY IT Day](#) activity events coming up in Red Deer!

**The Royal City Soccer Club** is offering summer day camps designed to promote a healthy and active lifestyle while fostering personal development, teamwork, leadership, and other essential life skills for children aged 5 to 13. If you are interested, click this [LINK](#) for more information.

The **Kerry Wood Nature Centre** is offering Mini Day **School Break Camps** running for the remainder of the 24/25 school year. Click [Here](#) for more details.

Recovery Alberta is offering a two part virtual workshop for anyone within Alberta who works **with women who may be using substances, with a focus on women of childbearing years**. Click [HERE](#) for more information.

**The Royal City Soccer Club is proud to host their annual grassroots summer day camps. The program operates during all weeks in July and August for children aged 5 to 13. For more information or to register, visit [royalsoccer.com](http://royalsoccer.com) or call 1-800-427-0536.**

**RDP is excited to be offering Summer Camps again this year for ages 8 to 18.**

**Red Deer Polytechnic**

# Summer Camps

Ages 8 - 18

**July - August**

Get ready for the ultimate summer adventure with action-packed day camps and inspiring overnight camps, where new skills, new friendships and unforgettable memories await!

Sports | Dance | Music | Theatre | Art

Register today  
[rdpolytech.ca/SummerAdventures](http://rdpolytech.ca/SummerAdventures)



A CRIME PREVENTION MONTH ACTIVITY PRESENTED BY:



&

THE CENTRAL ALBERTA  
CRIME PREVENTION CENTRE



8TH ANNUAL

# TOUCH-A-TRUCK



**SATURDAY, MAY 10, 2025 | 9:30 AM - 4:00 PM**  
**@WESTERNER PARK, NORTH PARKING LOT, 4847A 19 ST, RED DEER**

- FOOD TRUCKS ONSITE
- NO PETS PLEASE
- QUIET TIME 9:30 AM - 11 AM (NO HORNS/SIRENS)
- RAIN OR SHINE



ADVANCED TICKETS

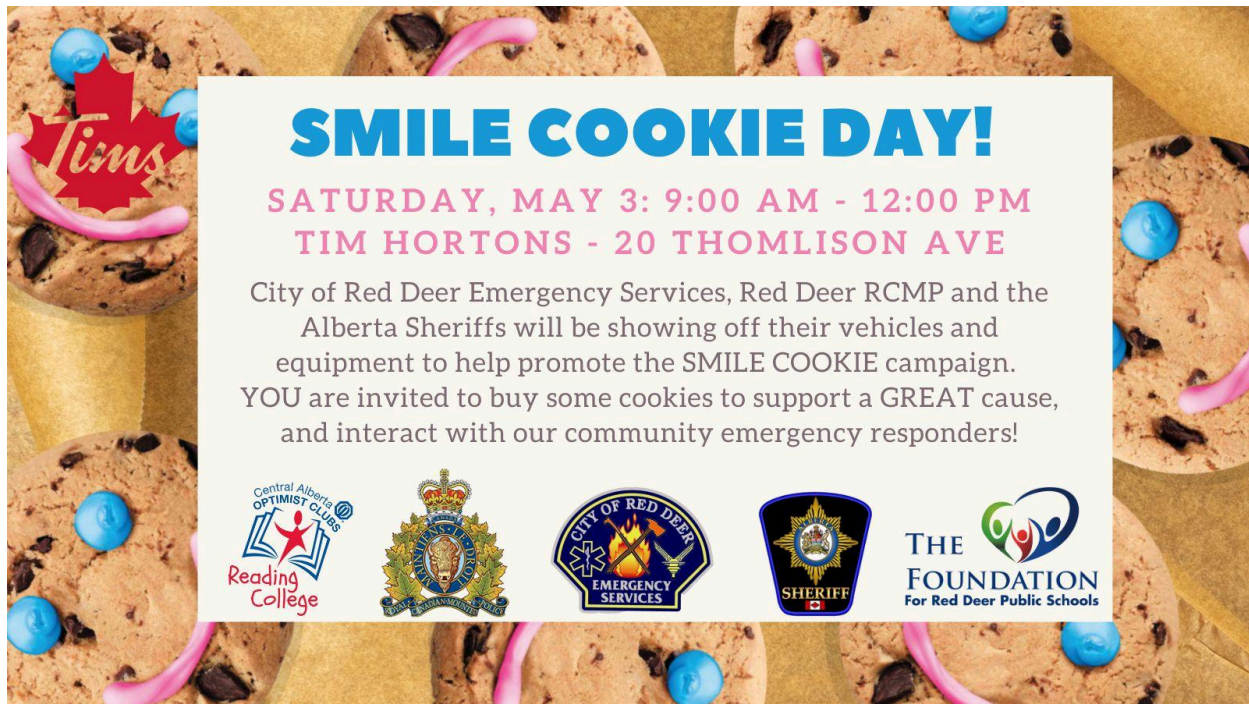
\$30 Family Admission (on-site - up to 6 people)  
\$25 Family Admission (advanced ticket - up to 6 people)  
\$15 Single Admission (on-site - 1 person)

[WWW.CACPC.CA/TOUCH-A-TRUCK](http://WWW.CACPC.CA/TOUCH-A-TRUCK)



EVENT INFO

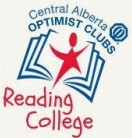




**Tim Hortons Smile Cookie Campaign** will run from **April 28 - May 4** and will be supporting the Reading College Program, a project of the Foundation for Red Deer Public Schools along with more than 600 local charities, hospitals and community programs across Canada. Guests who purchase a freshly baked Smile Cookie will be donating to these great causes with 100% of proceeds being donated!



**SMILE COOKIE DAY!**

**SATURDAY, MAY 3: 9:00 AM - 12:00 PM**  
**TIM HORTONS - 20 THOMLISON AVE**

City of Red Deer Emergency Services, Red Deer RCMP and the Alberta Sheriffs will be showing off their vehicles and equipment to help promote the SMILE COOKIE campaign. YOU are invited to buy some cookies to support a GREAT cause, and interact with our community emergency responders!

Central Alberta  
OPTIMIST CLUB

Reading  
College

CITY OF RED DEER  
EMERGENCY  
SERVICES

SHERIFF

THE  
FOUNDATION  
For Red Deer Public Schools